

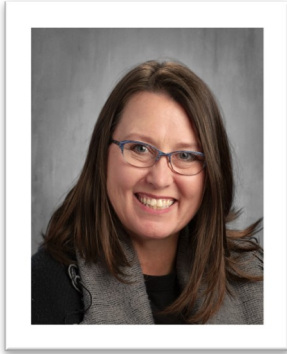
THE GOOD NEWS

Volume 87 August 2020

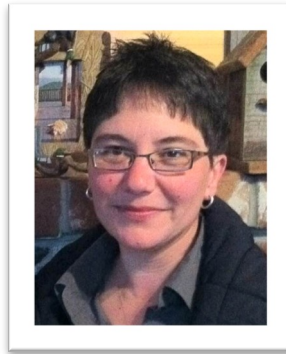


Pulaski Heights Christian Church
(Disciples of Christ)
4724 Hillcrest Avenue
Little Rock, AR 72205
(501) 663-8149

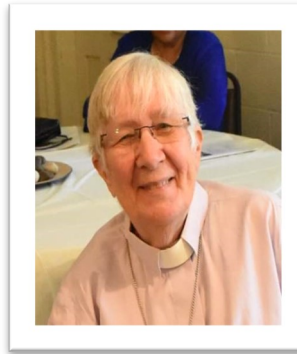
PHCC Honors Educators



Kristen Beach,
Principal (Retired)



Sarah Bloom
Professor



Rev. Marilou Coins
School bus driver



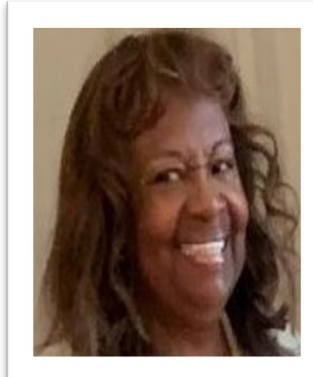
Stephen Cross
Band Instructor



Dr. John Graves
Professor
(semi-retired)



Dr. Andre Guerrero
Professor
(Retired)



Patricia Mason
Teacher
(retired)



Rachel Smith
Basketball coach and
Teacher

* Not pictured - Kelly Chaney, librarian and teacher.

Last year, we honored all who work in education during our worship and with a special luncheon afterward. Due to the pandemic, we are honoring these special individuals virtually and in our hearts. Thank you for all you do and all you have done. You have given of yourselves to help young people reach their potential and live their best lives.

BEGINNING OF A NEW SCHOOL YEAR

At the beginning of a new school year, O God of wisdom, we offer thanks and praise for the gift of a new beginning and for the opportunity to learn and to wonder.

We pray for teachers, students, and staff that this year might be rewarding for all.

Be with us as we face the challenge of new tasks, the fear of failure, the expectations of parents, friends, and self.

In our learning and our teaching, may we grown in serve to others and in love for your world, through Jesus Christ our Savior. Amen.

Chalice Worship p. 217

Lord,

Guide our decisions in how to move forward during this pandemic. Help us to find safe alternatives so that no one will be put in a position of risk to their health or safety.



IN MEMORIAM

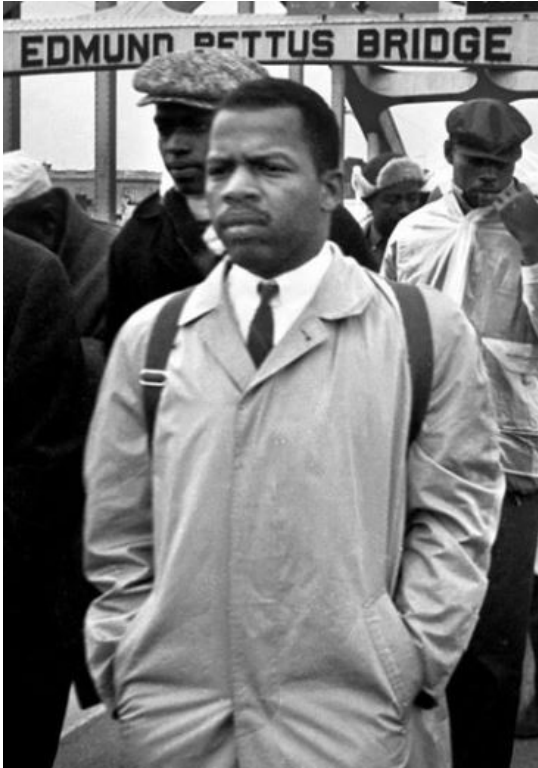


Photo credit: New Jersey Globe



Photo credit: WRAL.com



* Thank you to Ron Cogburn for your proposal to the Board that PHCC honor Rep. Lewis with this memorial of respect.

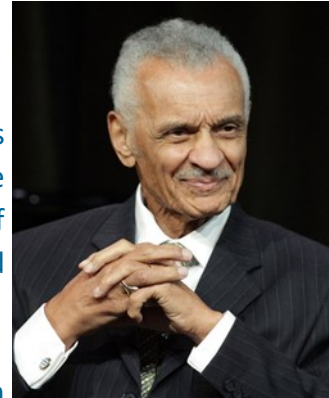
Lives Well Lived

Rep. John Lewis passed on July 17 and was laid to rest on July 30. His life and legacy as a civil rights activist and politician are well documented. However, did you know that Rep. Lewis was an ordained minister? LGBTQ+ supporter? Animal protection advocate? And so much more....



Photo credit: nbcnews.com

Another lion of the civil rights movement also passed on the same day, the Rev C. T. Vivian, a friend of Rep. Lewis. Rev. Vivian's life and legacy in the movement is well documented. Did you know that he creating an educational program that became Upward Bound?



Rev. C. T. Vivian (nbcnews.com)
Photo credit: Frederick M. Brown, Getty Image File

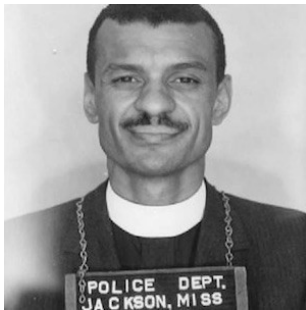


Photo credit:
Mediarichlearning.com

These men had many interests and made the most of their God given gifts. The majority of us may never have a career in politics or in a religious vocation. At the heart of the work of Rep. Lewis and Rev. Vivian was their commitment to their baptismal covenant. As Christians, we all have the same calling.

The societal ills and issues that they struggled to overcome are still with us today. The question is whether we will join the effort or remain safely on the sidelines. Rep. Lewis often spoke of getting in good trouble. He referenced his friend, James Zwerg, referring to it as "necessary trouble." Dr. King talked of doing this work in an effort to "save the soul of America." May the following words become a mantra to help remind us of our obligation to faithfully live out our baptismal covenant.

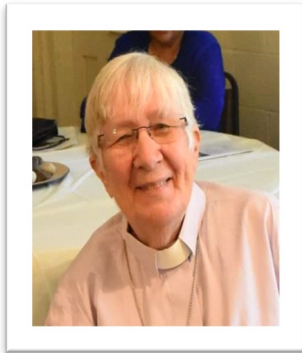
"Get in good trouble, necessary trouble and help redeem the soul of America."

Rep. John Lewis

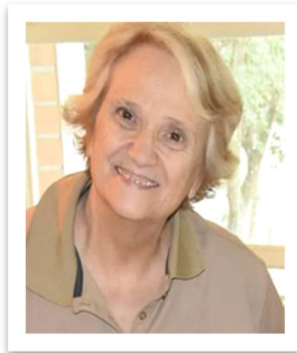
To learn more about the beginning of the Freedom Ride journey and friendship between Rep. Lewis and James Zwerg, a former UCC minister, follow the link below.

<https://www.celebsages.com/james-zwerg/>

Welcome Our New Board Members



Rev. Marilou Coins



Linda Cowden
(serving her first year)



Dr. John Graves



Dr. Andre Guerrero



Evelyn Behrle

The bi-annual congregational meeting was held on Sunday, July 19. Chet Chaney, Moderator, Evelyn Behrle and John Graves completed their two year terms of service. Following a congregational vote, two new Board members: Rev. Marilou Coins and Dr. Andre Guerrero, were elected. Dr. John Graves was re-elected to serve another two year term. Evelyn Behrle will continue in a volunteer capacity as our ex-officio treasurer. The next Board meeting is scheduled for Tuesday, August 18. The Board will choose a new Moderator and Secretary. We will announce the results in the September issue.



PHCC has added Givelify to our website. Please visit phcc-lr.org to learn more about this easy, convenient and safe option to make donations online by phone or computer. You can specify any amount and where you would like your donation to be deposited: a memorial, tithe, offering or other.



Honey Time

One of the more difficult aspects of social distancing is having to refrain from touching and hugging our friends and loved ones. For many who live alone, this may be a particularly challenging time.

I have been blessed to enjoy several play dates with Honey, the fur baby of Aimee and Frank Lockwood. Some of you may have met Honey on one of the many occasions that she accompanied her parents to PHCC. Honey is a puggle (part beagle and part pug). She is a senior, but has the energy of a puppy. Honey Bun, as I like to call her, has been great company for me. I hope you are finding ways to meet your needs for mind, body and spirit. I recommend fur baby love. It's good medicine for the soul.



Off to Doggy Daddy for treats



Between meal snacks are an inalienable right.
Don't take my word for it. Look it up.



Ready for adventure.



Don't think of it as mind control. Let's just say that I'm guiding your thoughts. You're thinking of giving me a treat. Don't resist your inner urge.



I have no idea how that happened while you were out of the room.

August Outreach



The picture above is a sample of the non-perishable food items to fill three bags of groceries that families receive from the food pantry at Pulaski Heights Presbyterian Church.

For the month of August, we're teaming up with Pulaski Heights Presbyterian Church for our outreach ministry. They are a member of the Arkansas Food Bank and host a pantry that distributes weekly. The PHCC Board voted to make a donation of 499.99 to PHPC to supplement their efforts to purchase and provide more food this month. Jane Ann Sikes coordinates this outreach ministry. She provided a list of pantry and personal item needs. If you would like to make an additional donation, see the list on the following page.

* If you are wondering about the dollar amount, our church bylaws state that any check over five hundred dollars requires the signature of two Board members. We have a new slate of officers. We have not yet completed the paperwork to add two new signatories to our bank. The new Board will be addressing this need at the next meeting. However, we did not want to delay providing assistance to families in need at this very crucial time.

SUGGESTIONS FOR FOOD PANTRY

If and when you go to the grocery store, dollar store, warehouse food store, etc. our food pantry could always use a helping hand. We give out only non-perishable food items. Most of our canned food items are bought from the Arkansas Food Bank. Here are some suggestions for the needs of our food pantry:

1. macaroni & cheese-box or individual
2. dried milk-Kroger has a box of 10 individual packages
3. dry cereal
4. box of individual oatmeal packages
5. breakfast/cereal bars
6. individual packages of instant potatoes
7. spaghetti sauce and spaghetti noodles
8. saltine crackers
9. peanut butter crackers, cheese crackers
10. small jar of peanut butter
11. small jar jelly
12. Vienna sausages
13. beans- dried
14. cookies, individually wrapped
15. spaghetti noodles & spaghetti sauce
16. any canned vegetables

SUGGESTIONS FOR PERSONAL ITEMS

1. Small bars of soap
2. Small bottle of body wash
3. Combs and hair brushes
4. Wash rags
5. Face towels or bar towels
6. Small bottles of shampoo
7. Men & women razors
8. Shaving cream
9. Feminine hygiene products
10. Toilet paper-4 pack or less
11. Small tubes of hand/body lotion

Prayer List

For all of our sisters and brothers across the globe who are being impacted by the coronavirus and for all who are grieving the loss of a loved one

For those who are struggling financially

For all who are oppressed and for those who work for justice, freedom and peace through peaceful protests and nonviolent civil action.

For immigrants, refugees and asylum seekers across the globe, especially those who have been separated from family and are being detained

For our nation that we might come together in unity

For our elected leaders: federal, state and local to seek God's guidance in their decision making

For our churches and leadership: congregational, regional and general

Others you wish to add:

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August Birthdays

8/29 Jeannie Cross

Fun Days in August

8/1 Nat'l Friendship Day

8/8 Nat'l Sneak Some Zucchini Into Your Neighbors Porch Day

8/9 Nat'l Book Lovers Day

8/16 Nat'l Relaxation Day

8/21 Nat'l Senior Citizens Day

8/27 Nat'l Just Because Day

PHCC Calendar and Important Dates

Please follow us on Facebook for announcements.

www.facebook.com/phcc72205

Visit our church website

phcc-lr.org

Tuesday, August 18 PHCC Board meets at 6:30 p.m. on Zoom. PHCC members, contact Carol if you would like an access code to attend.

July 26-August 8 Carol on vacation. The Rev. Linda White will preach both Sunday's and be available for pastoral needs.



Place
Postage
Here

4724 Hillcrest Avenue Little Rock, AR 72205