



# The Good News

Pulaski Heights Christian Church – web: [phcc-lr.org](http://phcc-lr.org) | May 2018 – Volume 71 No. 5



Photo: TMR

*Once again this year, beautiful Azaleas graced our lawn during April.*

PHCC is a Hillcrest community church affiliated with the Christian Church (Disciples of Christ). It has been at the corner of Spruce and Hillcrest since 1927. Our email is [lrphcc@gmail.com](mailto:lrphcc@gmail.com).

#### 2017-2018 Board:

- Moderator, Sam Ellis ([sam.ellis@pobox.com](mailto:sam.ellis@pobox.com))
- Vice-moderator, Chet Chaney ([chetchaney@yahoo.com](mailto:chetchaney@yahoo.com))
- Treasurer, Angela Frazier ([afraz17@yahoo.com](mailto:afraz17@yahoo.com))
- Secretary, Phillip Bayne ([pbayne314@gmail.com](mailto:pbayne314@gmail.com))
- At-large: Evelyn Behrle ([eabehrle@yahoo.com](mailto:eabehrle@yahoo.com))
- At-large: Rebecca Frazier ([rfrazier@tomycpa.com](mailto:rfrazier@tomycpa.com))
- At-large: Dr. John W. Graves ([johnwgrav@aol.com](mailto:johnwgrav@aol.com))
- 2017-2018 Elders: Rebecca Frazier ([rfrazier@tomycpa.com](mailto:rfrazier@tomycpa.com))
- Phillip Bayne ([pbayne314@gmail.com](mailto:pbayne314@gmail.com))
- Minister: We are in Search and Call for our next minister.

## Inside this Issue

**\_\_ Page 1**

A Mother's Day Perspective

**\_\_ Page 2**

News of the Church

**\_\_ Page 3**

Holy Humor Sunday

**\_\_ Page 4**

May 2018 Birthdays & Events

June 2018 Birthdays & Events

March 2018 Stewardship Report

Prayer Requests

Recipe for No-cook Peach Cobbler Cup

## A MOTHER'S DAY PERSPECTIVE

Rev. Carol Miles

The month of May is associated with many events. Conduct a search of online awareness calendars and you will discover a host of health, wellness and special interest topics highlighted throughout the month. May is also traditionally filled with garden events, graduations, weddings and festivals.

Mother's Day probably remains the most popular occasion observed in May. In some church traditions, it is considered a quasi "day of obligation" and attendance rivals that of major holy days. Hence the joke about "C-M-E Christians." These are the individuals who attend church only on Christmas, Mother's Day and Easter.



Depending on the relationship you have, or had with your mother, it can be a day to celebrate her life, or mourn her loss. For some, it may be a day filled with lament over a broken relationship. To those individuals, the day can be as painful as the

(more)

loss and grief typically associated with bereavement.

My mom turned ninety-one last month. I have been her guardian for several years now. The caretaking roles have long been reversed. Mom is physically able to perform many tasks for herself, but she suffers from dementia. From time to time she becomes confused to the point where she believes me to be her mother. The problem is that she does not, as we say in the south, “mind me.” The challenges of taking care of an older adult are quite different from raising a child. If a child chooses not to cooperate, a parent has options from enforcing a time out to taking away privileges and even spanking. When mom chooses not to cooperate, there’s little I can do in the way of “AA,” an acronym I picked up in the military, which stands for “attitude adjustment.”

One day, after every attempt at getting Mom to “see things my way” had failed, and feeling completely exasperated, I pointed to the approximately dozen or so grey hairs that had started to sprout around my temple and exclaimed, “You see these? *THIS* is what you’re doing to your baby! Without skipping a beat, mom ran both hands across her entire head, which is completely white, and responded. “You see all these? *THIS* is what you’ve done to your momma!”

Perspective.

This Mother’s Day, as you undoubtedly reflect on your relationship with your mother or the person(s) who nurtured and cared for you, I pray the good memories outweigh the bad and that there is healing where there has been woundedness.

To all mothers and primary caregivers, may the Lord bless you for your devotion and selfless giving. If you were fortunate enough to have had a wonderful and loving mother, I invite you to take time to show your appreciation to her while she is still living. I also invite you to give thanks to the Lord for that tremendous blessing. If you did not have mother to whom you were close, or felt cared for as you needed, I invite you to open your heart to the One who does cherish you and allow His love to be the balm that heals you and restores your soul.

Image source: <https://kushiteprince.wordpress.com/tag/mothers-day/>

## Upcoming Pulpit Schedule

May 6, 2018—Rev. Marilou Coins  
May 13, 2018—Rev. Carolyn Miles  
May 20, 2018—Rev. Donna Rountree  
May 27, 2018—Tom Ryan  
June 3, 2018—Rev. Odette Woods  
July 8, 2018—Dr. Nadine Burton

## Rev. Scot Crenshaw Stroke



We were all shocked to learn that only a few days before he was to join us for Worship on April 8, 2018, our former Interim Minister, Rev. Scot Crenshaw suffered a hemorrhagic stroke. He was airlifted to St. Vincent Hospital in Little Rock where he was treated, tested, and released after a few days. The doctors put him on a regimen of medication that we all hope will prevent any future strokes.

We offer our prayers to Scot and his family that he will recover completely.

## Pentecost Sunday on May 20th



The celebration of the birth of the church will be held on May 20, 2018. We will collect the Pentecost Special Offering on that day, and the following Sunday. Please make plans to join us on this joyous day!

<http://www.servicioskoinonia.org/cerezo/imagenes/Pentecostes.jpg>

## Holy Humor Sunday

Rev. Carol Miles joined us for worship on April 8, 2018. She discovered on Tuesday before that there is a tradition in the Christian church of celebrating Bright Sunday, or Holy Humor Sunday.



We wore funny hats.



We had balloons.



There were eggs with candy inside.

We got to tell a joke, or to talk about how the hat we selected represented our spirituality.



Overall, Bright Sunday was a success. Many churches that have revived the special day hope that the practice will help bolster attendance on the Sunday after Easter, traditionally the lowest attendance Sunday for each year.



The aim is to be joyful in the light of the good news of the Resurrection. The practice is said to date back to the early Greek Christians. The gloom of Good Friday is past; swept away in the infusing and glorious pure exhilaration of the Resurrection of Easter morning. And, truly, it was a refreshing approach to worship following the often downcast words from the Lenten Season.



As Carol pointed out at the end, we don't have to wait until the Sunday after Easter in 2019 to celebrate the joy of the Resurrection again.

(More info at <https://www.umcdiscipleship.org/resources/holy-humor-sunday-bright-sunday>) (Photos: Sam Ellis)



## Healthy Peach Cobbler In A Mug, Gluten-Free Recipe!

YIELD: 1 Serving

### Ingredients

1 tablespoon Coconut oil  
 2 tablespoons Xylitol or stevia  
 2 tablespoons Almond or coconut milk  
 2 tablespoons Gluten Free flour  
 1/8 teaspoon Baking powder  
 1 Peach pitted, peeled and chopped  
 optional: 1 scoop (Vegan) Vanilla ice cream  
 optional: 1/4 teaspoon Cinnamon

**Instructions:** Combine coconut oil, sweetener and milk in a mug. Microwave for 20 seconds. Add flour and baking powder, mix. Put the peach on top. Microwave for two minutes. Top with a scoop of ice cream and sprinkle with cinnamon, if desired, and serve.

<http://healthymamainfo.com/2016/08/healthy-peach-cobbler-mug/>

## Please Continue Prayers for:

Rev. Scot C.; Eric C's family; Martha C., the Perry Family, Ron C., Jean H., Kim P., Lynda C., Keith R., Glenna S., Eddie G.; Wissam A.; our Church; the homeless of Little Rock; the Great River Region of the DoC; those struggling to do God's will; refugees who are fleeing the violence of war. Pray for peace as global tensions rise, pray for the grieving, that they may be comforted; pray for those impacted by trade wars; those worldwide being persecuted for being 'different'; please pray for the wounded; the citizens and residents of the U.S.A., the many who are *still* recovering from hurricanes, and others God leads you to know of.

### March 2018 Stewardship Report

Mar. Budget Needs – \$8,125.00

Mar. Offering – \$6,591.50

Other Income – \$2,942.00

Total Mar. Actual Income – \$9,533.50

Mar. Budgeted Expenses – \$8,912.08

Mar. Actual Expenses – \$5,855.18

Net Result for Mar. – \$ 3,678.32

Fiscal-Year-to-date through 3/31/18

Offering – \$57,753.21

Other Income – \$37,973.64

Total FYTD Income – \$95,726.85

Expenses FYTD – \$84,823.73

Net Result FYTD – \$ 10,903.12



### Events in May 2018

- Birthdays in May – none at this time
- Events of note
- 1 – May Day (traditional)
- 9 – 6:00 pm scheduled Board Meeting
- 13 – Mother's Day 2017
- 20 – Pentecost Sunday; Sign June/July birthday cards.
- 21 – Third Monday Meal is served; 2501 S. Arch St
- Sunday School May 6, 13, 20, 27

Mother's Day



### Events in June 2018

- Birthdays in June 1 – Janette Groover; 1 – Kenneth Groover; 10 – Jamie Crockett; 25 – John Graves.
- Events of note
- 10 – Quarterly Potluck Luncheon
- 14 - 6:00 pm scheduled Board Meeting
- 17 – Father's Day 2017; Sign July birthday cards.
- 18 – Third Monday Meal is served; 2501 S. Arch St
- 30 – Fiscal Year 2018 ends
- Sunday School June 3, 10, 17, 24



images: Mother's Day at [http://atthecupboard.com/wp-content/uploads/2015/04/mothers-day-48957\\_1280.png](http://atthecupboard.com/wp-content/uploads/2015/04/mothers-day-48957_1280.png); Father's Day at <http://www.coloringpages.co.in/wp-content/uploads/2012/06/Happy-Fathers-Day-Greeting-Card-to-Print.jpg>

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 Sunday Worship ~ 10:30 a.m.  
 Rev. Susan G. Miller, Minister  
 Music Ministry ~ Stephen & Jeannie Cross  
 Musician ~ Betty Jo Thibault  
 Office Assistant ~ Tom Ryan