



The Good News

Pulaski Heights Christian Church – web: phcc-lr.org | September 2018 – Volume 71 No. 9



Photo: TMR

In only one month our church will celebrate its 91st birthday

PHCC is a Hillcrest community church affiliated with the Christian Church (Disciples of Christ). It has been at the corner of Spruce and Hillcrest since 1927. Our email is lrphcc@gmail.com.

2018-2019 Board:

Moderator, Chet Chaney (chetchaney@yahoo.com)
Treasurer, Angela Frazier (afraz17@yahoo.com)
Secretary, to be elected

At-large: Evelyn Behrle (eabehrle@yahoo.com)
At-large: Rebecca Frazier (rfrazier@tomycpa.com)
At-large: Dr. John W. Graves (johnwgrav@aol.com)

2018-2019 Elder: Rebecca Frazier (rfrazier@tomycpa.com)
Minister: We are in Search and Call for our next minister.

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Labor Day

Rev. Carolyn Miles

“Please listen carefully to all of the following options before making a selection as our menu has recently changed.” Aaaaaaaaaaaaaah! I just want to talk to a human. Can you relate? Hold that thought.

As Labor Day approaches, are you making plans for how you will spend your time? Perhaps you’re thinking of taking one last trip to a national park to enjoy nature, or maybe you’ve been invited to attend a cook out with friends. Maybe you will stay home, relax and enjoy the day off from work. However, you spend the weekend, you’re likely aware that Labor Day marks the “unofficial end of summer.” If you were fortunate enough to have a vacation or stay-cation, it’s back to the grind.

In a sermon a few weeks ago, Dr. Burton shared a quote from one of her favorite books, *Strength to Love*, by Dr. Martin Luther King Jr. “Whether we realize it or not, each of us is eternally in the red. We are everlasting debtors to unknown men and women.... We do not finish breakfast without being dependent on half the world.” So true. That quote has stayed with me. It has also inspired me to be more attentive to the men and women, closer to home, with whom I interact on a regular basis. There are too many to name in this column, but I want to share a few.

Melvin is an auto mechanic. He’s very good at diagnosing car problems based on my description of what the car is or is not doing. I know from experience that if I mention a noise he’s going to ask me *not to describe*, but to reproduce the noise. I don’t feel as self-conscience anymore about rehearsing engine noises before I call Melvin in an effort to aid a diagnosis.

There’s Michelle, who in addition to making the best ice tea in the world, is a pure delight in providing customer service. I could make a pitcher at home; but I get so much more from my daily stop. After a long day, it’s more of a trip to Lucy’s booth. “Psychiatric Help Five Cents. The Doctor is in.” It’s my therapy.

Chris does yard work and the heavy lifting when I need help around the house. Willie provides handy-work and almost always has suggestions that will save me money. I don’t particularly enjoy shopping, but Tiffany,

Stephanie and Carli have great style sense and get to know their customers preferences and can tactfully guide you away from making a bad decision. They're young, energetic and fun.

Kim has been mom's nurse for years. She is patient and kind. I can go about my day knowing that she's in good hands. There are several CNA's and other staff whose skill and care I appreciate.

And there's the crew at the post office where I go daily to pick up my mail: James, Marvin and Scott. It's a busy station, but they're personable and can even make the time in line go quickly with their casual banter and humor. Just don't ask James for cash back. It will end badly.

The individuals I mentioned above have jobs that require them to be on their feet all day, which is physically demanding. They also deal with the public, which can also be very demanding. Yet they do so with professionalism and grace.

Automation may represent progress and the future. But I still find myself waiting for the option to press zero to speak with an operator. I hope we don't lose that option. In the meantime, I am going to make more of an effort not to lose sight of those with whom I can have a personal encounter and to say thank you.



This month, I invite you to pray for those whose labor enriches your life, both known and unknown to you. May you also be blessed in the work that you do.

"God of the rough-worn hands, as we honor workers this day, let us not forget all those whose work is without honor:..." excerpt from the *Chalice Worship* prayer for Labor Day.

— Carol

(photo: Pexels.com-photo-280009)

Upcoming Pulpit Schedule

- September 2, 2018 — Rev. Miles Cook
- September 9, 2018 — Rev. Marilou Coins
- September 16, 2018 — Rev. Carolyn Miles
- September 23, 2018 — Ms. Sara Bloom
- September 30, 2018 — Rev. Dr. Nadine Burton

2018 Great River Regional Assembly



Delegates and members from our Region will gather at Kings Highway Christian Church, Shreveport, Louisiana, which is at 806 Kings Hwy, Shreveport, Louisiana 71104 at 3:00 p.m. on November 2, 2018 and will join in convocation and regional business meetings through Worship on Sunday the 4th.

Rev. David Brice will be the host pastor for the event. He and his congregation will welcome scores of fellow GRR Disciples to their worship center, which is on the National Historical Register.

For Clergy, Elders and congregational lay leaders there will be a pre-assembly event: ProReconciliation/ AntiRacism Training. This event will begin at 9:00 a.m. on November 2, 2018, and run until Assembly registration opens at 3:00 p.m.

The training session will be led by Rev. Dr. Sandra Jha, of the Oakland Peace Center and John Goebel, Vice President, Treasury Services. Continuing education credit will apply!

Where do you stay? A block of rooms is reserved at the Holiday Inn Express (headquarters hotel) - 8751 Park Plaza, Shreveport LA - Phone# 318-629-0163 - Price \$109; and at the Hampton Inn, 2691 Viking Drive, Bossier City LA - Phone# 318-841-9700 - Price \$109 – Both blocks expire 10/11/18.

Pulaski Heights Christian has not had a voting delegate at a Regional Assembly in years and years. We hope that we might have a volunteer this time to represent us in the Shreveport business meetings.

The church office has a few registration packets available if you want to represent us. You can look one over to learn more. The brochure is available to download from the PHCC website. And, of course, we'll provide further information as it arrives, in *The Good News*.

Photo credit: KHCC Wikipedia page

Caramel Apple Pork Chops



Recipe by: [Karena at allrecipes.com](http://Karena.allrecipes.com)

Ingredients

- 4 (3/4 inch) thick pork chops
- 1 teaspoon vegetable oil
- 2 tablespoons brown sugar
- salt and pepper to taste
- 1/8 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg
- 2 tablespoons unsalted butter
- 2 tart apples - peeled, cored and sliced
- 3 tablespoons pecans (optional)

Directions

Prep 20 m, Cook 25 m, Ready In 45 m

1 Preheat oven to 175 degrees F (80 degrees C). Place a medium dish in the oven to warm.

2 Heat a large skillet over medium-high heat. Brush chops lightly with oil and place in hot pan. Cook for 5 to 6 minutes, turning occasionally, or until done. Transfer to the warm dish, and keep warm in the preheated oven.

3 In a small bowl, combine brown sugar, salt and pepper, cinnamon and nutmeg. Add butter to skillet, and stir in brown sugar mixture and apples. Cover and cook until apples are just tender. Remove apples with a slotted spoon and arrange on top of chops. Keep warm in the preheated oven.

4 Continue cooking sauce uncovered in skillet, until thickened slightly. Spoon sauce over apples and chops. Sprinkle with pecans.

image credit: allrecipes.com

Week of Compassion Puerto Rico Recovery Efforts Continue

July 31, 2018

Week of Compassion--in conjunction with Disciples Home Missions, and Global Ministries-- is working with the Iglesia Cristiana (Discipulos de Cristo) to support recovery efforts in Puerto Rico. Registration is open for teams of volunteers/ambassadors to assist with rebuilding homes and to build relationships with our Puerto Rican Disciples. For more information, see www.discipleshomemissions.org/pr-response

As multiple severe wildfires rage across California, Week of Compassion is in regular contact with pastors and partners in the area to provide relief. We will continue to monitor the fires and will continue to support affected communities as they move into long-term recovery in the months ahead.



Graphics: Week of Compassion

23 Months of Third Monday Gifts

November 2016 is when the Backpacks ministry was supplanted by gifts to the guests who come to eat the Third Monday Meal with us at From His Throne Ministries, 2501 S. Arch St. in Little Rock.

September 2018 marks the 23rd month we have provided gifts for up to 120 homeless guests when we serve the meal. The meal itself is jointly financed, prepared and served by Pulaski Heights Christian and Holy Souls Catholic churches. But PHCC provides the gifts on our own.

Because not all the gifts are claimed each month, we have a backlog of unclaimed items. This month we will offer those unclaimed gifts once again, although we won't have one each for everyone, as we normally do. So that everyone can have something useful, we've acquired 120 compact flashlights.



Please Continue Prayers for:

Rev. Scot C.; Eric C's family; Lane B.; Angela's cousin Alania, Martha C., the Perry Family, Ron C.; Jean H., Kim P., Lynda C., Keith R., Glenna S., Gregory P.; Wissam A., Trip R., Dylan R.; our Church; the homeless of Little Rock; the Great River Region of the DoC; those struggling to do God's will; refugees who are fleeing the violence of war. Pray for peace as global tensions rise, pray for the grieving, that they may be comforted; pray for those impacted by trade wars; those worldwide being persecuted for being 'different'; please pray for the wounded; the citizens and residents of the U.S.A., the many who are *still* recovering from hurricanes, floods, tornadoes; and others God leads you to know of.

July 2018 Stewardship Report

July Budget Needs – \$8,125.00
July Offering – \$6,440.25
Other Income – \$3,417.00
Total July Actual Income – \$9,875.25

July Budgeted Expenses – \$8,912.08
July Actual Expenses – \$7,108.29
Net Result for July – \$ 2,748.96

Fiscal-Year-to-date through 7/31/18
Offering – \$6,440.25
Other Income – \$3,417.00
Total FYTD Income – \$9,875.25
Expenses FYTD – \$7,108.29
Net Result FYTD – \$2,748.96

September 2018 at PHCC

Events in September 2018

- Birthdays in September 9 – Evelyn Behrle; 22 – Annie Robbins.
- Events of note
- 3 – Labor Day 2018 church office closed
- 16 – Sign October birthday cards.
- 17 – Third Monday Meal is served; 2501 S. Arch St.
- 18 – Tuesday, 6:30 pm scheduled Board Meeting
- 22 – Autumnal Equinox 2018
- 30 – Community Breakfast; 7:30 a.m. Quapaw Quarter UMC, 1601 S. Louisiana St.
- Sunday School 9:30 a.m. 9, 16, 23, 30



October 2018 at PHCC

Events in October 2018

- Birthdays in October 5 – Ron Cogburn; 15 – Lynn Jenkins; 26 – Wendy Paquette; 30 – Thomas Ryan III.
- Events of note
- 00 – DATE TBA, 6:00 pm scheduled Board Meeting
- 8 – Columbus Day observed
- 14 – Prepare Third Monday Meal after Worship
- 15 – Third Monday Meal is served; 2501 S. Arch St.
- 20 – Little Rock Pride Fest 12:00-1:00 p.m.
- 21 – Sign September birthday cards.
- Sunday School 9:30 a.m. 7, 14, 21, 28



images: moon Pexels.com 53153; pumpkins by Umberto Cancedda at Pexels

Pulaski Heights Christian Church
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4724 Hillcrest Ave. Little Rock, AR 72205
lrphcc@gmail.com ~ www.phccl.org
Sunday Worship ~ 10:30 a.m.
Search and call for our next minister
Music Ministry ~ Stephen & Jeannie Cross
Musician ~ Betty Jo Thibault
Office Assistant ~ Tom Ryan